

# Icebreaker & La Entrega Activity Meeting Guide

Date: \_\_\_\_\_ Case Name: \_\_\_\_\_

Child/ren: \_\_\_\_\_

Participants (First Names Only): \_\_\_\_\_

1. Introductions
2. Foster Parent to discuss their home, basic structure, rules in the home, what brought them to foster parenting:
3. Parent shares with foster parent their child's likes, dislikes, special needs, etc.  
Some examples are:
4. School: (where is child attending school; is it possible to keep child attending where he/she is accustomed to; any books that need to be returned, reports/projects due, favorite teacher, favorite subject)
5. Only if applicable: If the child is age 9 and above:  
"Have you (parents/guardians) talked to your child about sex, if not, are you comfortable with your child getting information about sex education from his/her school, foster parent, workers and yourself? If you have discussed sex education with your child, are you comfortable with continued discussion by named above individuals?"
6. Friends in school or in the neighborhood:
7. Sleep Patterns:

8. Dental/Medical History: (shot records, allergies, appointments, glasses, medications)
9. Comfort Items: (bedtime story, songs, prayer, etc.)
10. Clothing: (favorite things to wear; what clothes did the parent send; things they want back?)
11. Only if applicable: Does your child have any unusual birthmarks, such as Mongolian spots, scars, other birth/distinguishing marks? If so, where?
12. Behavior: (specific behaviors the child may exhibit: bed wetting, fire-setting, stealing, etc)
13. Nicknames:
14. Food Likes/Dislikes:
15. Any Scheduled Appointments:
16. Other: Any additional things that will make the child more comfortable while they are in foster care/returning home:

**\*\*Please remember that this meeting is to discuss the needs of the child. It is not a time to discuss case planning, services, or arrange visitation.**