#### Silberman School of Social Work

# Module Two The Socialization of Men- Culture of Fatherhood and Manhood





#### Learning Objectives

- Describe how the role of the father has evolved over time
- Describe common help-seeking behaviors among men





#### **Small Group Discussion**

- How are fathers represented in the various forms of media?
- What are some views that society holds about men's roles as fathers?
- What are some factors that have contributed to the shift in the role of fathers?
- What stereotypes associated with masculinity and parenting are reinforced or deconstructed in various forms of media?





#### Changing Role of the Father

When men become fathers what behaviors are expected?





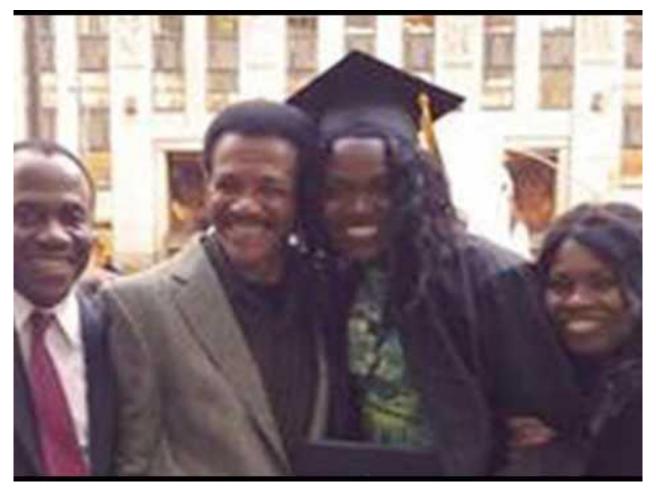
#### Changing Role of the Father

- Prioritization of work with the view of fathers as "good providers" for their children.
- "Good fathers were heads of their families, the court-of-last-resort when it came to discipline, and limited to the playful aspects of childrearing."
- Link between masculinity and breadwinner ideology





#### David's Digital Story







#### David's Digital Story (cont.)

- How does David's relationship with his father characterize the changing role of fathers?
- How do you think David's relationship with his father has affected how he sees his role as a father?
- How does David's relationship with his child reflect Lamb and Pleck's conceptualization of father engagement?





#### Reshaping Family Life

#### Due to changes in the following areas:

- 1. demography of family life
- 2. social and cultural context
- 3. economy





#### Reshaping Family Life

- Growing number of fathers who live apart from their children.
- Divorce and non-marital childbearing present challenges to father involvement.
- The increase in female labor force and the changing cultural norms of gender relationships have led us to examine what is expected of fathers.
- Expectation that fathers develop an emotional connection to their children, be involved in their lives, and more egalitarian in their gender role expectations.





## How does becoming a parent affect the psychological well-being of fathers?

- Young fathers' well-being is negatively impacted. They are less likely to live with their children, have higher rates of multi-partner fertility, are likely to drop out of school, have erratic work histories, and low paying jobs.
- Older fathers have challenges of complex family relationships due to divorce and remarriage.
- Non-resident fathers' well-being is affected possibly by the stress of parenting.





#### Diversity of Fathers

- Increase in diversity in the racial –ethnic backgrounds and sexual orientations of fathers.
- The United States is increasingly a multi-racial and multi-ethnic society.
- Approximately 75% of Latino men and 71% of African
   American men aged 25 44. They represent nearly 23% of all American fathers (Eggebeen, Knoester, & McDaniel, 2013).





#### Meaning of Father Involvement

Among African American, African Caribbean, and Latino fathers:

- Concept of family and understanding the family system
- Social and psychological boundaries within these families shift and are renegotiated at critical points in the life cycle
- Issues of acculturation





#### Socio-economic Diversity

- Evident among fathers
- Low-income men are often fathers, some fathering children from multiple partners



### Debunking Myths Surrounding Gay Men as Fathers





#### **Discussion Questions**

 What interventions and policies might strengthen the link between becoming a father and positive changes in men?

 How might the experiences of poverty, joblessness, or social marginality affect their identity as fathers?





#### Hegemonic Power of Masculinity

Father's emotional connection to their children is at odds with tenets of hegemonic masculinity.





#### Complete the Phrases

Men are...

Masculinity is...





#### Jaydell's Digital Story









#### Jaydell's Digital Story (cont.)

- What are some of the issues Jaydell raises in his story relating to his role as a father and a man?
- What are some of the struggles Jaydell identifies with being a father?
- How does Jaydell deal with seeking assistance?





#### Male Help-Seeking Behaviors

Tasks associated with help seeking:

- Relying on others
- Admitting that one needs help
- Recognizing and labeling an emotional problem





#### Male Help-Seeking Behaviors (cont.)

Gender-role conflict linked to psychological well-being and help seeking:

- Internalized gender roles may create barriers to help seeking for men, particularly if help seeking involves violating important masculine gender roles
- Negative attitudes toward seeking counseling services





#### Male Help-Seeking Behaviors (cont.)

Challenges/Barriers to help seeking:

- Difficulty with emotional expression
- "Gender specific" stigma associated with seeking psychological help





#### Male Help-Seeking Behaviors (cont.)

- What are strategies to engage fathers' in connecting to services?
- What role does masculinity play in affecting men's experience in counseling and other services?
- What role do you think the criminal justice system has in shaping men's perspective on accessing government support services?



