

# Silberman School of Social Work

## Module Two

### The Socialization of Men- Culture of Fatherhood and Manhood



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# Learning Objectives

- Describe how the role of the father has evolved over time
- Describe common help-seeking behaviors among men

# Small Group Discussion

- How are fathers represented in the various forms of media?
- What are some views that society holds about men's roles as fathers?
- What are some factors that have contributed to the shift in the role of fathers?
- What stereotypes associated with masculinity and parenting are reinforced or deconstructed in various forms of media?

# Changing Role of the Father

When men become fathers what behaviors are expected?



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# Changing Role of the Father

- Prioritization of work with the view of fathers as “good providers” for their children.
- “Good fathers were heads of their families, the court-of-last-resort when it came to discipline, and limited to the playful aspects of childrearing.”
- Link between masculinity and breadwinner ideology

# David's Digital Story



## David's Digital Story (cont.)

- How does David's relationship with his father characterize the changing role of fathers?
- How do you think David's relationship with his father has affected how he sees his role as a father?
- How does David's relationship with his child reflect Lamb and Pleck's conceptualization of father engagement?

# Reshaping Family Life

Due to changes in the following areas:

1. demography of family life
2. social and cultural context
3. economy



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# Reshaping Family Life

- Growing number of fathers who live apart from their children.
- Divorce and non-marital childbearing present challenges to father involvement.
- The increase in female labor force and the changing cultural norms of gender relationships have led us to examine what is expected of fathers.
- Expectation that fathers develop an emotional connection to their children, be involved in their lives, and more egalitarian in their gender role expectations.



# How does becoming a parent affect the psychological well-being of fathers?

- Young fathers' well-being is negatively impacted. They are less likely to live with their children, have higher rates of multi-partner fertility, are likely to drop out of school, have erratic work histories, and low paying jobs.
- Older fathers have challenges of complex family relationships due to divorce and remarriage.
- Non-resident fathers' well-being is affected possibly by the stress of parenting.

# Diversity of Fathers

- Increase in diversity in the racial –ethnic backgrounds and sexual orientations of fathers.
- The United States is increasingly a multi-racial and multi-ethnic society.
- Approximately 75% of Latino men and 71% of African American men aged 25 – 44. They represent nearly 23% of all American fathers (Eggebeen, Knoester, & McDaniel, 2013).

# Meaning of Father Involvement

Among African American, African Caribbean, and Latino fathers:

- Concept of family and understanding the family system
- Social and psychological boundaries within these families shift and are renegotiated at critical points in the life cycle
- Issues of acculturation



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# Socio-economic Diversity

- Evident among fathers
- Low-income men are often fathers, some fathering children from multiple partners

# Debunking Myths Surrounding Gay Men as Fathers



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# Discussion Questions

- What interventions and policies might strengthen the link between becoming a father and positive changes in men?
- How might the experiences of poverty, joblessness, or social marginality affect their identity as fathers?

# Hegemonic Power of Masculinity

Father's emotional connection to their children is at odds with tenets of hegemonic masculinity.





# Complete the Phrases

Men are...

Masculinity is...



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# Jaydell's Digital Story



## Jaydell's Digital Story (cont.)

- What are some of the issues Jaydell raises in his story relating to his role as a father and a man?
- What are some of the struggles Jaydell identifies with being a father?
- How does Jaydell deal with seeking assistance?

# Male Help-Seeking Behaviors

Tasks associated with help seeking:

- Relying on others
- Admitting that one needs help
- Recognizing and labeling an emotional problem

## Male Help-Seeking Behaviors (cont.)

Gender-role conflict linked to psychological well-being and help seeking:

- Internalized gender roles may create barriers to help seeking for men, particularly if help seeking involves violating important masculine gender roles
- Negative attitudes toward seeking counseling services

## Male Help-Seeking Behaviors (cont.)

Challenges/Barriers to help seeking:

- Difficulty with emotional expression
- “Gender specific” stigma associated with seeking psychological help

## Male Help-Seeking Behaviors (cont.)

- What are strategies to engage fathers' in connecting to services?
- What role does masculinity play in affecting men's experience in counseling and other services?
- What role do you think the criminal justice system has in shaping men's perspective on accessing government support services?